



NATIONAL CADET CORPS

ACTIVITIES

2018-19

WORLD ENVIRONMENT DAY 5 JUNE 2018

The United Nations designated 5 June as World Environment Day to highlight that the protection and health of the environment is a major issue, which affects the well-being of peoples and economic development throughout the world. The celebration of this day provides us with an opportunity to broaden the basis for an enlightened opinion and responsible conduct by individuals, enterprises and communities in preserving and enhancing the environment. The year 1972 marked a turning point in the development of international environmental politics, with the first major conference on environmental issues, known as the Conference on the Human Environment, or the Stockholm Conference. Later that year, on 15 December, the General Assembly adopted a resolution designating June 5 as World Environment Day and urging “Governments and the organizations in the United Nations system to undertake on that day every year world-wide activities reaffirming their concern for the preservation and enhancement of the environment, with a view to deepening environmental awareness.

The environment that we live in, is very important not only for our health but for our survival too, so there is a huge need for us to protect it. We could not be able to survive if we do not have clean air and water and land to live on, so on June 5 of every year, we mark World Environment Day so that we are reminded about how precious our environment is.

All NCC Cadets were assemble in the college auditorium by 9:45 am on 5 june 2018. Our college Principal Dr. G Pramod inaugurated the programme. The theme for the year 2018 is “Beat Plastic Pollution”. He delivered a talk on the importance of environment. Plastic, which is rampantly polluting our water bodies, harming marine life and posing a threat to human health, has been one of the major concerns of environmental bodies this year. Though a large part of the population depends on plastic for their daily use, nearly one-third of it is not disposed off properly and ends up clogging drains and choking the environment. Plastic can persist in the environment for nearly a thousand years before it fully disintegrates and keeping this in mind, many organisations and governments are always on the lookout for alternatives to tackle this menace.. As a part of World Environment Day our NCC cadets draw poster related to protection of environment. Total 31 NCC cadets participated in this programme.



INTERNATIONAL DAY OF YOGA (2018 JUNE 21)

As we all know today June 21st is observed as International Yoga Day all over the world. It is not just a part of culture, but we should say that it is our culture and identity. In this rapidly developing world the culture that remains still constant and has not changed with time. It strengthens our mind and purifies our memory.

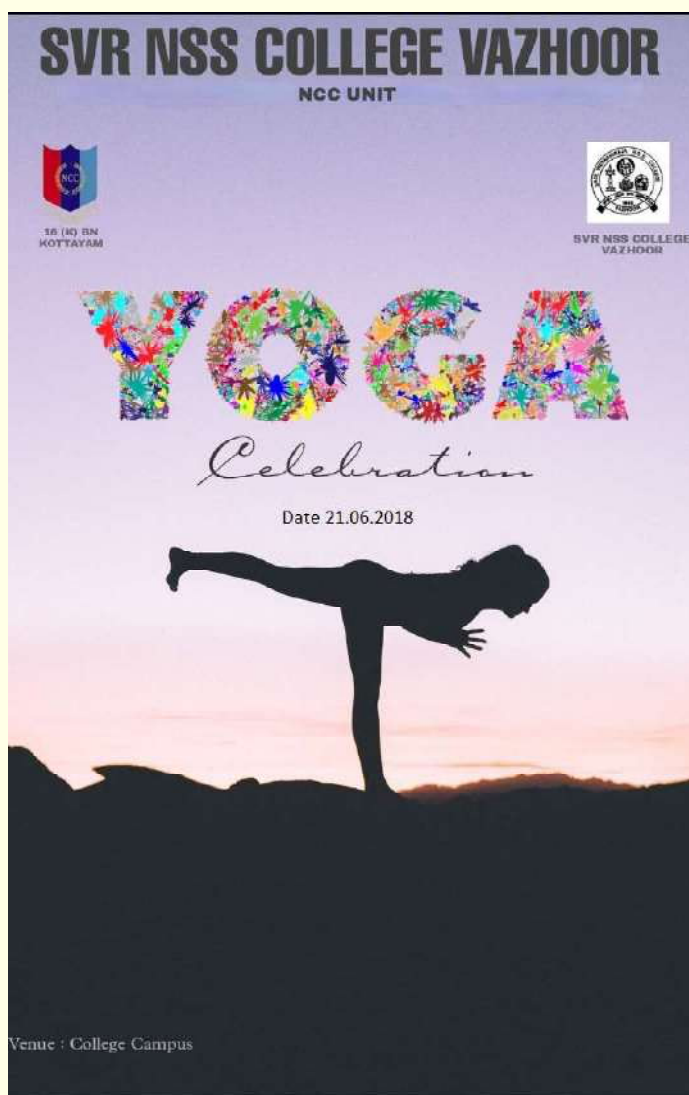
The theme for the 2018 celebration, organized by the Permanent Mission of India to the U.N. is “Yoga for Peace.” The word yoga itself is a reflection of peace, unity, as its Sanskrit meaning refers to “joining or uniting,” symbolizing the union of body and consciousness, but also peace between the individual and the outer world. In line with the 2018 theme, this year yoga is explored to serve as a connecting tool between countries and people of different horizons. The challenging idea is to install yoga as a peace practice, in heritage of Mahatma Gandhi’s admonition “Be the change you wish to see in the world.”

As a part of International Yoga Day, the NCC cadets performed yoga under the leadership of Cdt. Rekha R Nair, Sreelakshmi, Pooja Murali. Total 28 NCC cadets participated in this programme.

All the students and teachers were made to assemble in the college auditorium by 9:45 am. The most happiest news was that Mathaji from our nearby ashram came and delivered felicitation, on the importance of yoga in our daily life.

Our college Principal Dr. G Pramod, who is also a yoga trainee accompanied us today for making this day more special and unforgettable. Our respected Dr. Gangadhathan sir, Head of the Commerce Department also joined his hands for making it most memorable not only for cadets but also for the rest of the students of our college.





The Cadets started to perform yoga as soon as the lamp lighting ceremony was over. Our Cadets performed five asanas namely:

- 1) Vrikshaasana
- 2) Thaadaasana
- 3) Trigonaasana
- 4) Vajraasana
- 5) Pavanamukhthaasana

These Yoga postures help to improve the balance of our body, help to increase the blood circulation and to also increase our concentration, release our tension and help us to remain as healthy citizens. These cadets will surely become the light of the world and salt of the earth.

So thinking that health is the greatest wealth all of our cadets opened their eyes to see, heard with their ears open and joined their hearts for making this day a fruitful one. It was an inspiration to all our students.

Our observation of the International Yoga Day came to end with the speech of NCC caretaker Dr. Anoop Kumar S by 11:30 am.



INDEPENDENCE DAY CELEBRATION 2018

The Principal Dr. G Pramod, was the Chief Guest of the Independence Day celebration programme. He hoisted the national flag on the college building sharp at 9:00 am. All the students including 28 NCC cadets and teachers saluted the flag and then sang the National Anthem with nobody moved honouring it. After that he told not forget the sacrifices of all the freedom fighters like Mahatma Gandhi, Bhagat Singh, Chandra Sekhar Azad, and millions of others whose names are not even known but they fought to make India free from the colonial rule of Britishers in his speech. He also motivate the cadets to volunteer in flood relief activities.



SWACHH BHARAT MISSION

Swachh Bharat Mission (SBM), Swachh Bharat Abhiyan (SBA), or Clean India Mission is a country-wide campaign initiated by the Government of India in 2014 to eliminate open defecation and improve solid waste management (SWM). Phase 1 of the mission lasted till October 2019. The objectives of the first phase of the mission also included eradication of manual scavenging, generating awareness and bringing about a behavior change regarding sanitation practices, and augmentation of capacity at the local level. The mission is aimed at progressing towards target 6.2 of the Sustainable Development Goals Number 6 established by the United Nations in 2015. The campaign's official name is in Hindi. In English, it translates to "Clean India Mission". The campaign was officially launched on 2 October 2014 at Rajghat, New Delhi by Prime Minister Narendra Modi. It is India's largest cleanliness drive to date with three million government employees and students from all parts of India participating in 4,043 cities, towns, and

rural communities. At a rally in Champaran, the Prime minister called the campaign Satyagrah se Swachhagrah in reference to Gandhi's Champaran Satyagraha launched on 10 April 1916. The mission was split into two: rural and urban. In rural areas "SBM - Gramin" was financed and monitored through the Ministry of Drinking Water and Sanitation; whereas "SBM - urban" was overseen by the Ministry of Housing and Urban Affairs. As part of the campaign, volunteers, known as Swachhagrahis, or "Ambassadors of cleanliness", promoted indoor plumbing and community approaches to sanitation (CAS) at the village level. The government provided subsidy for construction of nearly 110 million toilets between 2014 and 2019, although some Indians especially in rural areas choose to not use them.

All NCC Cadets were assemble in the college auditorium by 9:45 am on 2 October 2018. Our college Principal Dr. G Pramod inaugurated the programme. He explain the importance of Swachh Bharat Mission (SBM), Swachh Bharat Abhiyan (SBA), or Clean India Mission. As a part of Gandhi Jayanti our NCC cadets clean the campus as well as college junction. Total 49 NCC cadets participated in this programme. The images is attached below.



REPUBLIC DAY CELEBRATION 2019

On the auspicious morning of 26th January, our college celebrated Republic Day in the college premises. It was the matter of great pride for all of us.

The college Principal Dr. G Pramod, NCC Caretaker Dr. Anoop Kumar S and the NCC Cadets didn't want to leave any stone unturned in making this monumental day a memorable one. Our college Principal Dr. G Pramod unfurled the national flag. After that everybody stood straight for National Anthem sung by the students.

