



NATIONAL SERVICE SCHEME

UNIT NO.50

ACTIVITIES IN CAMPUS

2017 - 2018

The National Service Scheme undertook various activities as per the suggestions and recommendations of the college Advisory Committee and as per the directions from the University, State and Central Governments. The activities were co-ordinated by the Programme Officers Dr Maya T Nair and Sri Jayakumar A G under the guidance of the Principal Dr.B.Rajamani Amma. A brief report of the activities is furnished below.

05 JUNE 2017 WORLD ENVIRONMENT DAY

World Environment Day was observed by the NSS Unit. In the meeting organised in this connection the volunteers took solemn pledge to work towards preserving the ecology by resorting to organic methods and doing away with the plastic as much as possible. They planted tree saplings with a view to increasing the green cover in the campus



05 June 2017 World Environment Day programme

21 JUNE 2017 INTERNATIONAL YOGA DAY

was celebrated. Principal Dr.V. Rajamani Amma inaugurated the function and Smt.Sreeja M.P Director of Swasthi School of Yoga conducted yoga classes to the students.



22 JULY 2017 ORIENTATION CAMP

The college level Orientation Camp prior to the launch of Jaivam 2017- the ambitious programme of Mahatma Gandhi University to make Kottayam the first organic-literate District in Kerala – was organised in the College by NSS Unit and was inaugurated by famed folk singers and artistes Sri Jyothikumar Punnappa and Sri Akhil . Sri Jyothikumar Punnappa gave an enlightening talk accompanied by rendering of traditional folk songs about the glorious past when man lived in harmony with nature and called upon the need to retrieve this lost tradition into modern life and times and especially into the present agricultural scenario.

22 July 2017 The college level Orientation Camp for Jaivam 2017



24 JULY 2017

The College level seed distribution ceremony of Jaivam 2017 organised by NSS was inaugurated by the Principal Dr. V. Rajamaniamma by handing over seedlings of vegetables to volunteers.



The College level seed distribution ceremony of Jaivam 2017

25 JULY 2017

The planting of seedlings in connection with Jaivam -2017 was formally launched by Dr. Jayachandran. HoD. Dept of Malayalam

The college level launching of Jaivam -2017



27 JULY 2017

In a function arranged by the NSS unit to spread awareness among the college students about organic farming, Dr S.V.Pradeep, HoD. Dept. of Botany gave a detailed talk about the urgent need to switch to crops that suit the soil, climate and topography of each locality and to popularise green methods of farming to prevent damage to environment.



Awareness class about organic farming
by Dr S.V.Pradeep, HoD. Dept. of Botany

01 AUGUST 2017 TO 15 AUGUST 2017

The NSS Unit observed Suchitwa Packwada- the cleanliness awareness drive of the Central Government with keen enthusiasm during this fortnightly period with full of energy and enthusiasm. The volunteers took oath to make cleanliness a habit. They also cleaned the college campus regularly during the period and made it neat and attractive.



“Suchitwa Packwada” the cleanliness awareness drive banner



**“Suchitwa
Packwada”
MEETING
&
PLEDGE**



04 AUGUST 2017

The World Breast feeding Day was celebrated by the NSS grandly. A poster and skit play competition was organised in the College auditorium by the NSS in connection with ICDS, Vazhoor. In a function presided over by the Principal Dr. V. RajamaniAmma. Vazhoor CDPO Merli Jose took class on the importance of breast feeding to infants. Prizes were distributed to winners in the competitions.



**THE WORLD BREASTFEEDING DAY
INAUGURATION**

**THE WORLD BREASTFEEDING DAY
SKIT PLAY**



**THE WORLD BREASTFEEDING DAY
POSTER COMPETITION**

15 AUGUST 2017

As our Nation celebrates the 75th anniversary of Independence, volunteers of NSS Unit no.50 joined in this happy celebration. In their presence the Programme Officers Sri A G Jayakumar and Dr. Maya T Nair raised the National Flag followed by taking the national pledge and distribution of sweets. Reaffirming their commitment to work single heartedly for a clean and green nation, the volunteers dispersed.



16 AUGUST 2017

The volunteers undertook plantation of banana plants in the college compound. They readied the allotted area and dug pits and planted around 15 banana saplings.



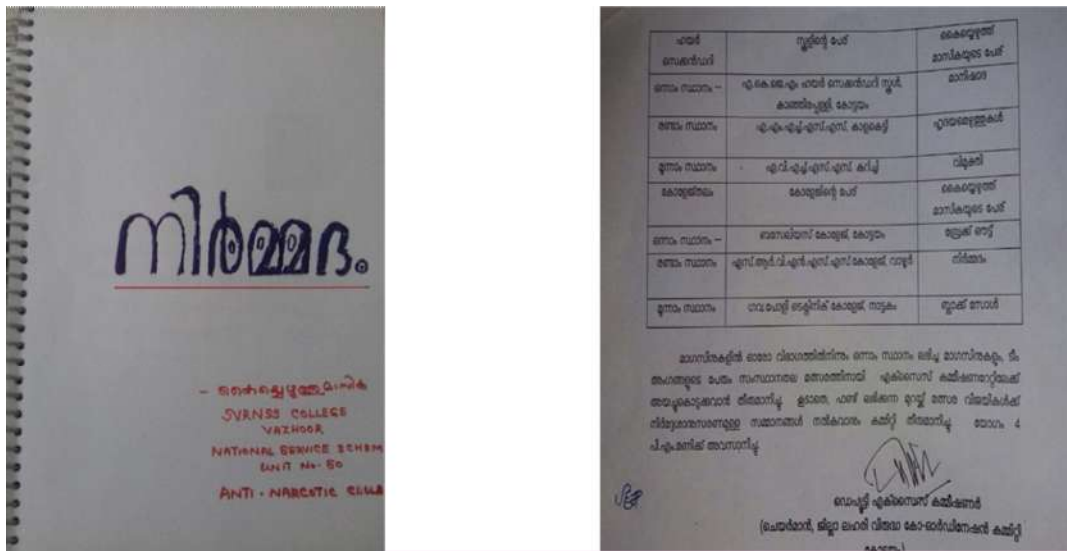
PLANTATION OF
BANANA PLANTS

23 AUGUST 2017

The NSS Programme Officers attended the training programme held in the University Assembly Hall on organic farming in which Sri. L NarayanaReddy, noted organic farmer from Karnataka took class on the importance, contemporary relevance and the urgent need of adopting green farming methods.

29 AUGUST 2017

The students of NSS unit prepared a manuscript magazine on the subject “Against Drugs” for the contest organised by the Anti-narcotic Coordination Committee of Kottayam Excise Commission. The magazine titled “Nirmadam” later won the 2nd best magazine in the College category from the Kottayam District in the contest.



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SEVEN DAY CAMP (31.08.2017 TO 06.09.2017)

The National Service Scheme unit no.50 of SVRNSS College, Vazhoor commenced its seven day special camp 2017 at the college campus in the evening of 31st August 2017. This year the camp was organised to undertake the activities of Jaivam 2017- the ambitious programme of converting Kottayam district to a complete organic farming literate district. The registration commenced at 3:00 pm and ended by 4:00 pm and a list of 120 volunteers was finalised.

1ST SEPTEMBER 2017

The 2nd day of the camp commenced with the flag being hoisted by the Programme officers at 6:00 am. The assembly was held followed by yoga classes by Sri. Jayakrishnan, the yoga instructor.



FLAG HOIST BY PROGRAMME OFFICER



YOGA CLASS

The volunteers arranged themselves into sixteen groups and proceeded to undertake survey work in sixteen wards of the Vazhoor grama panchayath that has been allotted to the College unit.

In the evening the volunteers attended a class on “Anti-drug awareness” conducted by Civil Excise Officer, Sri. E.V. Benoy. The speaker directed the attention to the alarming influx of drugs into society and called upon the youth to exercise caution not to fall prey to the deleterious influence of drugs that threaten the very future of the upcoming generation.

After a brief interval, an activity-cum-motivational class was taken by Sri Subin Kurian Thottil. The speaker, who is an expert in origami, impressed the audience with his amazing paper folding skills using which he created wonderful shapes with paper in no time. He taught some personality improvement techniques that would help alleviate anxiety and improve focus, concentration and work efficiency in daily life.



Anti-drug awareness by Civil Excise Officer, Sri.EV. Benoy



Motivational class by Sri Subin Kurian Thottil.

2ND SEPTEMBER 2017

8:00 am to 3:30 pm : Survey

At 7:30 pm Prof.T Jayaraj, HOD, mathematics department of this college took a class to the volunteers on the subject “The commitment of National Service Scheme volunteers towards the society and co-students”. The motivating talk drove home the point that the real objectives of social service would be served only when meaningful activities are undertaken in a selfless and systematic manner on a continual basis.

The subsequent talk by Dr. Praveen kumar, member syndicate conveyed that initiatives like National Service Scheme, by providing a platform for students to engage in value based co-curricular activities helps develop qualities like empathy, sharing mentality,



Motivational class by Prof.T Jayaraj, Mathematics



Talk by Dr. Praveen kumar, Member of syndicate

3RD SEPTEMBER 2017

8:00 am to 3:30 pm : Survey

6:30 pm Motivational class by Sri. Aneesh Mohan and team. As the speaker detailed how he overcame the trauma in his life and how he reclaimed his life fighting against seemingly unsurmountable odds the audience broke into tears. He recalled with gratitude the kind support of his mother. The speaker said that his own life remains a shining example of what belief and resolution can achieve. He recounted how he overcame the crippling blow of having to lose all the limbs and how by sheer will power and grace of providence learned to write, read, draw and even drive a car. The inspiring and enthralling talk helped dispel any negativity in the minds of the volunteers and instilled sense of confidence and positive outlook in them.



**Motivational class
by Sri. Aneesh
Mohan and team**



The volunteers then reviewed the day’s activities and uploaded the collected data on the Jaivam website.

4TH SEPTEMBER 2017

Though the volunteers missed their Thiruvonam day celebrations at home, they recreated the festive mood right inside the campus by working together with one mind and in merriment true to the spirit of the festival. The volunteers undertook the works related to the data collected in the previous days.

The sumptuous Onam feast served in plantain leaves collected from the college premises filled the hearts and stomach of all the campers.



In the evening after tea, the volunteers undertook the cleaning of the two water tanks in the campus, which had been filled with silt, mud, algae and fallen leaves and ensured supply of clean water to all the faucets.

5TH SEPTEMBER 2017

The day was eventful as many eminent persons visited the camp. Jaivam coordinator G. Sreekumar, Sri. Tomichen Joseph, member, Syndicate, Sri. Jayachandran, HOD Dept. of Malayalam, Smt. Bindhu C. Nair, Teacher, VBSNHSS Nezhloor visited the camp and wished the volunteers and programme officers a happy and prosperous Onam.



Camp visit -Jaivam coordinator G. Sreekumar



Camp visit-Dr. Tomichen Joseph, member, Syndicate

A meeting with noted farmers Rev.Fr Kuruvilla Sri. Binu Podippara, A.S Joseph Ambatt and Mathew P.T was held to chalk out plans to constitute a working committee for establishing bio literacy training camps in all the sixteen wards of the vazhoor grama panchayath . After the meeting they shared with the volunteers their knowledge of sustainable and eco-friendly agricultural practices that enrich both farmer and the farm. They lauded the timeless wisdom of our forefathers who loved the soil and all creatures and who realised that their role as farmers is not to satiate their greed but to ensure prosperity and peaceful coexistence of man and all living creatures.



Meeting with noted farmers Rev.Fr Kuruvilla Sri. Binu Podippara, A.S Joseph Ambatt and Mathew P.T

6TH SEPTEMBER 2017

From 12:30 onwards the winding up programme started. The concluding meet chaired by Dr.V. Rajamianamma, Principal , was inaugurated by Smt. Pushkala Devi, President, Vazhoor Grama Panchayath. Dr. Maya T. Nair, programme officer, welcomed the dignitaries and the audience. The review of camp activities was presented by Sri



Amal Dev, Camp Secretatry. Kum.Parvathy, Sri. Gopu and Anas Noushad, NSS volunteers gave their report about the camp. After vote of thanks by Kum. Nisa Kareem, the seven day long camp came to an end with National Anthem.

16 SEPTEMBER 2017

The volunteers undertook meticulous cleaning of the college campus which was also the camping site. They then completed the uploading of data collected from their house visits. The first year NSS volunteers got down to the task of completing the remaining survey of over 600 houses from which data could not be collected on account of various reasons and chalked out plan of action .Decision was taken to complete the survey on 21st September 2017.

20 SEPTEMBER 2017

The National Service Scheme and Department of mathematics jointly started a vegetable plantation using grow bags. This was inaugurated by Prof. Pushkala, the Panchayath president in the presence of Dr V. Rajamaniamma, Principal and Prof. T Jayaraj, H.O.D Department of Mathematics



The National Service Scheme and Department of mathematics jointly started a vegetable plantation using grow bags



24 SEPTEMBER 2017

The NSS day was celebrated by college unit by solemnly reaffirming the resolve to imbibe the ideals of Mahatma Gandhi to work for the welfare of the society.



25 SEPTEMBER 2017

A rally from college to the main road was held and during the rally the volunteers loudly recited the pledges of National Service Scheme.



2 OCTOBER 2017

As part of observing Gandhi Jayanthi, I year NSS volunteers brought sets of five questions each based on the life and struggles of Mahatma Gandhi. Based on the above, a quiz competition was conducted in the College. It was a very special experience and an occasion to know many unknown facets of the great personality, The volunteers then attended works required in the vegetable garden.



7 OCTOBER 2017



With a view to optimise the karshakapadashala, two eminent farmers Sri. Thankappan and Sri.Kuttappan residing nearby, demonstrated various methods and techniques for preparing the ground for various kinds of

vegetable plants as also the techniques for preparation of bio-pesticides

10 OCTOBER 2017

Ten volunteers were deputed to the **Speak for India** competition conducted by Mathrubhumi and Federal Bank on 10/10/2017.



**VOLUNTEERS AT
SPEAK FOR INDIA
COMPETITION**

11 OCTOBER 2017

Four volunteers participated in the Elocution/Essay writing competition held at Changanacherry Taluk Cooperative Society. Kum. Athira G, IDC Chemistry won the First Prize in elocution, Lakshmi B IDC Mathematics won the second prize in essay writing competition and both of them got selected to District Level Competition.

31 OCTOBER 2017

As per the directive of the Government, 31st October, the death anniversary of Smt. Indira Gandhi was observed as National Re-dedication day. Accordingly the NSS volunteers and Programme Officers assembled and observed two – minutes silence from 10:15 a.m to 10:17 am followed by taking the National Integration Pledge. The National Anthem was then sung. In the evening all the volunteers and the NSS Programme officers assembled and took the Rashtriya Ekta Diwas pledge in commemoration of the contributions of Sardar Vallabhai Patel



National Integration Pledge.

29 NOVEMBER 2017

The National Service Scheme conducted programmes for creating anti narcotic and cancer awareness among the second and third year students in association with Kerala State Anti Narcotic Mission's 'Vimukthi' Programme and CAP @ CAMPUS sponsored by Medimix, Deepika and Sargakshetra respectively. The Kottayam Deputy Excise Commissioner Sri Suresh Richard provided an ICT enabled three hour long class in which the danger of drugs to the society especially to the youth and the unfounded misconceptions about cancer among the public were elaborated. After taking the class Sri Suresh Richard also presented a cash prize of Rs.2000/- , citation and medallion to the Principal for the NSS Unit's "Nirmadam" magazine securing second place in the anti-narcotic manuscript magazine competition among the colleges in the district.





Class by Sri Suresh Richard Danger of drugs to the society

04 DECEMBER 2017

As part of the observance of World AIDS day on 01-12-2017, an awareness programme was conducted by the NSS Unit on 4th December 2017 for dispelling the various misconceptions that surround the AIDS disease that lead to the social stigma and isolation of the HIV affected. The HIV positive patient Alice George shared the trauma she went through on diagnosing the disease, the social alienation she suffered and her eventual bouncing back to normal life with a positive outlook and medical assistance. The talk helped bust many myths the listeners had been conditioned to believe about the disease making them realize that the notions of risk associated with it are hyped than the actual reality and that the same is not contagious so as to isolate the affected from the social mainstream.



As part of the observance of World AIDS day on 01-12-2017, an awareness class



20 DECEMBER 2017

The NSS volunteers displayed exemplary courage and presence of mind as they rushed to the spot on hearing the news that the house of a third year student near the college had caught fire. By timely intervention the volunteers safely removed all the valuables from the house by the time the fire engine arrived and doused the fire.

23 DEC 2017 TO 02 JANUARY 2018

During the Christmas vacation, selected NSS volunteers undertook the watering, removal of weeds and applying of organic manure in the organic vegetable garden in the college.



**Removal of
weeds in the
vegetable
Garden**



09 JANUARY 2018

The volunteers harvested vegetables from the organic garden and handed over to the College canteen in the presence of the Programme Officers.



WATERING THE VEGETABLES