



NATIONAL SERVICE SCHEME

UNIT NO.50

EXTENSION ACTIVITIES

2019 - 2020

The National Service Scheme undertook various activities as per the suggestions and recommendations of the college Advisory Committee and as per the directions from the University, State and Central Governments. The activities were co-ordinated by the Programme Officers Dr Maya T Nair and Sri Jayakumar A G under the guidance of the Principal Dr.M R Renuka. A brief report of the Extension activities is furnished below.

JUNE 19, 2019 READING DAY- BOOK DONATION

Reading Day meant to popularise the habit of reading was duly celebrated by the NSS Unit by donating books. Being an activity that engages as well as stimulates our minds besides giving us knowledge, reading helps prevent occurrence of diseases like alzheimer's and dementia among the aged people. Hence it was decided to donate some books for use by senior citizens.

A total of 118 books collected by the 100 volunteers and the two Programme Officers were gifted to Pakalveedu- the day care center for senior citizens at Sasthamkavu, in a function chaired by Prof. S Pushkaladevi, President, Vazhoor Grama Panchayath titled Valarthiyavarkku oru Aadaravu. Dr. M R Renuka, Principal, Dr Maya T Nair and Sri Jayakumar A G, Programme Officers and 17 volunteers attended the function.



Honouring the aged Parents



Donating books to Pakalveedu library



**AUTHENTICATION BY
LOCAL SELF GOVERNMENT
INSTITUTION
ABOUT BOOK DONATION**

AUGUST 15, 2019

FLOOD RELIEF – DISTRIBUTION OF RELIEF MATERIALS

The NSS volunteers along with Programme Officers handed over relief materials worth Rupees 4918/- purchased from their own contribution, to the Collection Center set up by the District Administration, Kottayam District on 15/08/2019, for distribution to the flood affected families.

E.K.STORES											
KULROAD, KOTTAYAM, PIN-0481-2565516, 2566032, PIN 486801. Contact: 2565516, 9547611280											
E.Mil: ekstore@gmail.com											
All Taxes are Collected as per Goods and Services Tax (GST) ACT 2017											
Invoice No:		822208		Date:		15-Aug-2019					
GSTIN:		EKA1PT34B0C1C0		Name:		SVRNSS College, Vazhoor					
Address:		National Service Scheme Unit No.50									
No.	Item Name	HSN Code	Qty	Unit	Rate	Value	Tax %	Tax Amt	Total		
1	Basmati Rice	100000	38	kg	150.00	5,700.00	5%	285.00	5,985.00		
2	Sugar	270100	5	kg	19.00	95.00	5%	4.75	99.75		
3	Coarse Paddy (Dry)	10001	5	kg	19.00	95.00	5%	4.75	99.75		
4	Chickpea (Kudam)	0703	68	kg	10.00	680.00	5%	34.00	714.00		
5	Chickpea (Kudam)	1004	5	kg	10.00	50.00	5%	2.50	52.50		
6	Coconut (Kudam)	030300	5	kg	10.00	50.00	5%	2.50	52.50		
7	Mustard (Kudam)	070300	5	kg	10.00	50.00	5%	2.50	52.50		
Grand Total							4,750.00	242.50	4,992.50		
Original Invoice No: 822208 Four Thousand Nine Hundred Eighty Two Only											
Tax Rate: Taxable Amt: 4,750.00 CGST %: 5% GST Amt: 237.50 SGST %: 5% SGST Amt: 118.75											
Total Tax: 356.25											
Total Invoice: 5,348.75											
Advised Separately											

**PURCHASE AND
DISTRIBUTION
OF FLOOD
RELIEF
MATERIALS**

SVR NSS COLLEGE, VAZHOOR	
NSS UNIT NO. 50	
Dr. M. S. J. N. S. Programme Office	
Kottayam District	
T. S. K. N. S. A. S.	
7034533414	
1	RICE 45 kg
2	SUGAR 5 kg
3	COARSE PADDY 20 kg
4	GREEN GRAM 5 kg
5	CHICK PEAS 5 kg
6	COCONUT 10 kg
7	MUSTARD 2 kg

Recd
15/8/19
District Collection Centre
at B. S. S. College

SEPTEMBER 24, 2019 - PLANTING TREE SAPLINGS

27 mango saplings provided by the Vazhoor Grama Panchayath were planted at the river bank at Sasthankavu . Prof. S Pushkaladevi, President, Vazhoor Grama Panchath inaugurated the programme by planting the first sapling. 50 volunteers participated in the programme.

NSS volunteers planting mango saplings provided by the Vazhoor Grama Panchayath , at the river bank at Sasthankavu on the 50th anniversary day of National Service Scheme. Inaugurated by Prof. S Pushkaladevi, President , Vazhoor Grama Panchayath by planting the first sapling on 24.09.2019



OCTOBER 01 2019 INTERNATIONAL DAY OF OLDER PERSONS

International Day of Older Persons was observed. 15 NSS Volunteers and programme officers visited “Pakalveedu”- the library cum day care center for old people instituted by the Vazhoor Grama Panchayath , and entertained the aged gathering by various cultural activities.



International Day of Older Persons being observed . in a function organised by the Vazhoor Grama Panchayath at “Pakal veedu”- the library cum get together place for old people instituted by the Vazhoor Grama Panchayath. 15 NSS Volunteers and programme officers participated. They entertained the aged gathering by various cultural activities on 01.10.2019



OCTOBER 2, 2019 - OUTDOOR CLEANING

50 volunteers cleaned the road sides near Sasthamkavu Junction while another 50 volunteers cleared the roadside outside the college entrance. . These places are in the adopted wards VI and IX of Vazhoor Grama Panchayath respectively.



150th Gandhi Jayanthi being observed byNSS volunteers. One team of volunteers cleaning the road sides near Shasthamkavu Temple Junction, which is situated in adopted ward no.6 of Vazhoor Grama Panchayath on 02.10.2019

OCTOBER 14, 2019 CHANGATHI TRAINING PROGRAMME

Eleven NSS volunteers attended the instructor training session for “Changathi”- a programme for teaching malayalam to migrant workers- at Panchayath mini hall ,Kodungoor. The coordinator of the programme handed over the teaching materials to the volunteer instructors at the function and Sri. Vasudevan Nair, retired teacher, gave them necessary advice and guidance on the methods and techniques to be used.



Eleven NSS volunteers undergoing training for “Changathi”- a programme for teaching malayalam to migrant workers- at Panchayath mini hall , Kodungoor on 14.10.2019

NOVEMBER 14 2019 -INTERACTION WITH ANGANWADI CHILDREN

Children’s day, the birthday of Pandit Jawaharlal Nehru, was celebrated by the volunteers at Pakalveedu Anganawady at Sasthamkavu. 27 volunteers and programme officers participated in the programme. The volunteers took a class on cleanliness to the children at the anganwady. They played, danced and sang songs with children entertaining them.



NOVEMBER 14 2019 FIELD VISIT TO ORGANIC FARM

27 NSS Volunteers made field visit to the farm of eminent farmer Shri K N Raveendran Nair. He explained about the various environment friendly farming practices he has adopted, and also interacted with the students. The visit was very useful as the valuable information obtained could be used in the vegetable farm in the college.



NOVEMBER 16 2019 – HARITHA SAMRIDHI



Thirty NSS volunteers and the two Programme Officers participated in the “Haritha Samridhi” programme - the programme of distributing organically grown vegetable saplings to households to encourage organic vegetable farming and achieving self-sufficient local yield to avoid external

dependency - organized by the Vazhoor Grama panchayath.

At “Pakalveedu” in ward VI of Vazhoor Grama Panchayath, Sri Balagopal, President, Block Panchayath inaugurated the programme in a function presided over by Prof. S Pushkala Devi, President, Grama Panchayath.



The NSS volunteers carried out the distribution of saplings supplied by the Panchayath to 100 households to the beneficiaries of Haritha samridhi programme on 16-11-2019 at Pakalveedu. 100 volunteers participated in this programme.



Volunteers participating in the rally and public function held at Ponkunnam as part of World AIDS Day awareness on 01-12-2019

LETTER OF
APPRECIATION
FROM
DISTRICT
MEDICAL
OFFICER
KOTTAYAM



District Medical Office of Health,
Kottayam

No. C4-18216/2017/DMOH

2 December 2019

Letter of Appreciation

The District Medical Office of Health, Kottayam highly appreciates the overall involvement of the *National Service Scheme Unit of SVR NSS College, Vazhoor, Kottayam* to the success of the District Level World AIDS Day Observance 2019 by participating in the Awareness Rally and Seminar with more than 150 students. Having conducted an Exhibition at the Holy Family Forane Church, Ponkunnam on 1 December 2019, the institution contributed their services in organizing the event as well as attracted the attention of the community and disseminated the message of the Prevention of HIV/AIDS. We wish you all success and happy academic experiences.



Yours faithfully,
Jacob Kunchathil
02/12/2019
District Medical Officer of Health
Kottayam

EXTENSION ACTIVITIES AS PART OF SEVEN DAY SPECIAL CAMP- SUVARNAM 2019 (20-12-2019 TO 26-12-2019)

The NSS unit of SVR NSS College, Vazhoor unit no. 50 conducted 7-day camp named "Suvarnam 2019" from 20th December 2019 to 26th December 2019. The theme of this year has been Navakerala Nirmanam- aimed at the reconstruction and rehabilitation of those affected by floods and other natural disasters. The camp venue was Sree Vidhyadhi Raja Vilasam NSS Higher Secondary School, Vazhoor.



Sree Vidyadhi Raja Vilasam N.S.S. Higher Secondary School, Theerthapadapuram P.O., Vazhoor



22ND DECEMBER 2019

“INI NJN OZHUKATTE”- RIVER REJUVENATION DRIVE.

The implementation of “Ini njn ozhukatte” programme launched by the Government of Kerala to restore the flow of rivers and streams under Haritha Keralam, was inaugurated in the Vazhoor grama panchayath by Prof. S. Pushkaladevi President at the valiya thodu near Midas Jn, Chenkallpalli, The very aim of the program was to make the river flow as it was before. The hard work put in by the 100 NSS volunteers succeeded in bringing the river back to life.



**Inauguration of
“Ini njn ozhukatte”
programme**

**NSS volunteers
cleaning
Valiyathodu**



**LETTER OF
APPRECIATION
FROM
LOCAL SELF
GOVERNMENT
INSTITUTION**



23 DECEMBER 2019

CLEANLINESS AND ENERGY CONSERVATION SURVEY

A survey on cleanliness and energy conservation as a part of the *Harithakeralam* programme was conducted in adopted wards 6 and 9 of Vazhoor grama panchayath. 50 volunteers participated in this survey. Volunteers enquired about the usage of electric power, whether they like to install a solar panel, whether they know about subsidy provided by Anert in case they wish to install the same. Students also enquired about how they could dispose of their degradable and non-degradable waste products as well as the treatment of waste water. Enquiry was also made about the compost pit that has been provided by the Grama panchayath.



GROUP DISCUSSION



VOLUNTEERS TAKING PART IN THE SURVEY, CLEANLINESS

24TH DECEMBER, 2019

ENVIRONMENTAL PROTECTION AND ENERGY CONSERVATION ACTIVITIES

A class on cleanliness and energy conservation by the student volunteers was conducted at Pakalveedu, the day-care center for the elderly. Also supply of paper pens, cotton bags and lighting of street lamps with LED bulbs were made during the day. The volunteers were divided into a group of 2, the first group was assigned with the supply of paper pens and bags and the other group with the lighting of street lamps with LED bulbs. As a means to make people aware of the danger of plastic and to promote the use of biodegradable products, they distributed the paper pens and also 300 cloth bags. 100 volunteers participated.

INAUGURATION OF LED LIGHTING OF STREET LIGHT

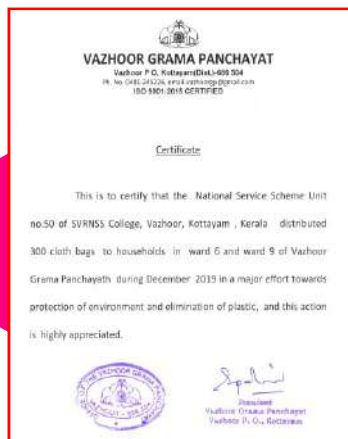


INSTALLING LED BULB ON ELECTRIC POST

LETTER OF APPRECIATION FROM LOCAL SELF GOVERNMENT INSTITUTION



DISTRIBUTING COTTON BAGS AND PAPER PEN TO PAKALVEEDU RESIDENTS



LETTER OF APPRECIATION FROM LOCAL SELF GOVERNMENT INSTITUTION

DECEMBER 2019 COMPOST PIT CONSTRUCTION

As part of community service in the neighbourhood, NSS volunteers dug pit for compost unit in the premises of SVRV NSS highschool for its effective solid waste management. 20 volunteers engaged in this programme.



Digging the compost pit for school students

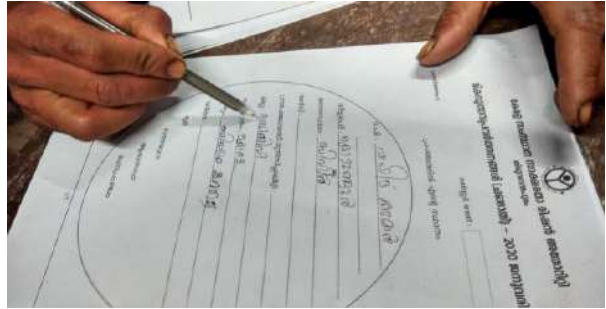
2020 JANUARY 18 - FIT INDIA CAMPAIGN

Only if we remain healthy we can perform to our full potential. Only healthy citizens can create a healthy nation. As part of the **Fit India campaign** to highlight and raise awareness about the importance of keeping ourselves healthy, a **walkathon** was organized by the NSS volunteers in which the Principal, Programme officers and 26 volunteers participated.



2020 JANUARY 19 CHANGATHY MIKAVULSAVAM

As part of “Changathi” the literacy programme conceived by the Literacy mission for teaching Malayalam to the migrant labourers, **NSS volunteers gave classes** to the migrant labourers of the Vazhoor GramaPanchayath on Sundays. After the completion of training programme, **examination was conducted on 19th January 2020** to assess their learning. The successful completion of the training programme was celebrated all over the state by **Mikavulsavam**. In the Vazhoor Grama Panchayath Mikavulsavam was held in the mini community hall at Kodungoor on January 19. Eleven NSS volunteers and programme officers of SVR NSS college participated in the function which was attended by 130 migrant labourers, community workers and general public. Prof S Pushkaladevi, president, Vazhoor Grama Panchayath who inaugurated the function lauded the efforts of the volunteers who did their teaching job meticulously as also the labourers who displayed exemplary dedication to learning amidst their busy schedule and heavy work to earn livelihood. All of them were passed with good marks.



LETTER OF APPRECIATION FROM LOCAL SELF GOVERNMENT INSTITUTION

വാഴൂർ ഗ്രാമപഞ്ചായത്ത് കാര്യാലയം
വാഴൂർ പി.ഒ., കോട്ടയം ജില്ല, പിൻ-686 504
ഫോൺ 0483-2496226, vazhoorgp@gmail.com
ISO 9001:2015 CERTIFIED

സാക്ഷ്യപത്രം

കേരള സംസ്ഥാന സാക്ഷരതാമിഷന്റെ ആഭിമുഖ്യത്തിൽ അതിഥി തൊഴിലാളികൾക്കായി 2019-2020 വർഷത്തിൽ നടത്തിയ മലയാള ഭാഷാ സാക്ഷരതാ പരിപാടി (Malayalam Literacy Campaign for Guest Labourers) 'പങ്ങാതി' യുടെ വാഴൂർ ഗ്രാമ പഞ്ചായത്തിലെ സാക്ഷരതാ പ്രവർത്തനങ്ങൾ എറ്റെടുത്ത് വിജയിപ്പിച്ച വാഴൂർ എസ് വി ആർ എൻ എസ് എസ് കോളേജിലെ(കോട്ടയം, കേരളം) നാഷണൽ സർവീസ് സ്കീം യൂണിറ്റിനും നേതൃത്വം നൽകിയ പ്രൊഫ്രാഫ് ഓഫീസർമാർക്കും വാഴൂർ ഗ്രാമപഞ്ചായത്തിന്റെ അഭിനന്ദനങ്ങൾ.



[Signature]
President
Vazhoor Grama Panchayat
Vazhoor P. O., Kottayam

20.12.2019 - 15.03.2020 - NSS GOLDEN JUBILEE HOUSE CONSTRUCTION

The miserable condition of a poor family in the adopted ward VI was brought to the notice of the NSS unit by the Vazhoor Grama Panchayath. The family consisting of six members was struggling to build a decent house, but had been unable to achieve their aim due to their financial problems. A meeting of the Programme Officer and the volunteers was convened to explore the possibility of building a house for the family. In the meeting the volunteers informed that they are willing to contribute fifty rupees each and the Programme Officer informed to bear the remaining cost. It was also agreed that all the unskilled labour shall be undertaken by the volunteers.

The house construction project started during the seven day camp in December 2019. The NSS team procured the entire materials needed for construction, did all the unskilled labour themselves and arranged skilled labourers for the specialized jobs. The volunteers participated in this project with very high levels of energy, enthusiasm and commitment right from the beginning and worked on a regular basis. With the active participation of the 100 volunteers during spare time and on holidays, the work was completed in an efficient and timely manner without any cost over runs.

The Silver Jubilee Bhavanam will always remain as a standing testimony of the college NSS unit's resolve and aspirations to serve the society. The entire cost of Rs 2.5 lakhs was borne by the NSS Unit.





NEWS ON CONSTRUCTION OF HOUSE

LETTER OF APPRECIATION FROM LOCAL SELF GOVERNMENT INSTITUTION





**BEST NSS UNIT AWARD
(UNIVERSITY LEVEL)
2019-20**

**BEST PROGRAMME OFFICER
AWARD (UNIVERSITY LEVEL)
2019-20**





**PARTICIPATION - PRE REPUBLIC DAY CAMP 2019
 (ZONE LEVEL)**



**PARTICIPATION -
 NATIONAL
 INTEGRATION
 CAMP 2019**